



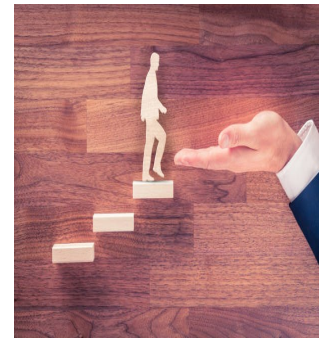
ASHK Soft Skills Workshop

Two sessions: 13 June 2018 (Wed) & 21 June 2018 (Thur)

(Facilitated by Gina Marescia, MD, Catalyst Consulting Hong Kong)

ABOUT THE COURSES

These interactive workshops provide participants with practical, on-the-job mentoring and coaching skills including models that are easy to remember and apply. We will start with what it takes to manage and empower others through mentoring and coaching, we differentiate between Coaching, Mentoring and Managing Performance and when and when not to Coach/Mentor. We highlight the core skills, practice the conversation, learning how to sustain behavioral change and provide tips on how to set up, manage and close the Coaching/Mentoring relationship.



Topics of these 2 Integrated Session on Mentoring and then Coaching include:

- Core mentoring/coaching skills – Use 4-step models (GROW / Mentoring Model)
- What is Coaching/Mentoring/Managing Performance? When & why is it important?
- Skills practice – having the conversation
- How to set up & contract the Mentoring/Coaching relationship

We use a video to link both sessions.

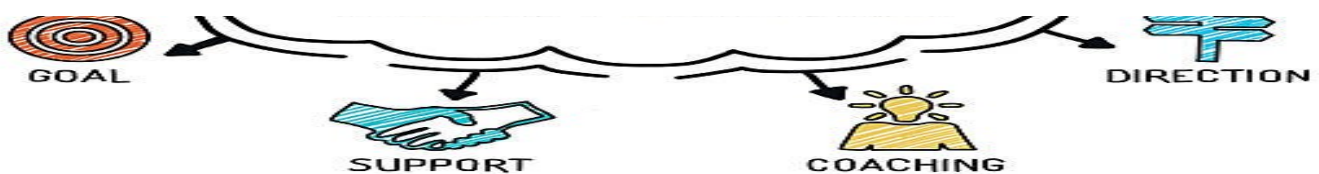
ABOUT THE SPEAKER

Gina Marescia has over 24 years business experience in talent development consulting to and working in-house for insurance companies. She is a certified professional Facilitator, Organizational Psychology practitioner and Mentor. For over 16 years Gina has been a sought after Executive Coach in Hong Kong. She is an approved Executive Coach for companies like Credit Suisse, UBS, JLL, Standard Life, Covestro, Cigna, Mayer Brown JSM, Ageas/FT Life and others.



Prior to founding and managing Catalyst Consulting HK, Gina held management and specialist roles like First Vice President, Learning and Development (Asia Pacific); Senior Regional Consultant; Change Management and OD Consultant (South Africa) that included working on-site reengineering Old Mutual and Sanlam insurance companies. She also worked in-house as a trainer for Liberty Life.-

Gina is a Mentor for the HK Woman's Foundation and Chinese University. She is a member and participates in HKHRMI, HKDIOPS, HKPS and HKICC and New Day Charity (for girls and women in crisis). She holds a BA in Psychology and two post-graduate degrees in Education and Organizational Psychology.





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Speaker	Ms. Gina Marescia, MD, Catalyst Consulting HK Limited	
Dates & Times	Session 1: 6:00 p.m. - 9:00 p.m. (Wednesday), 13 June 2018 Session 2: 6:00 p.m. - 9:00 p.m. (Thursday), 21 June 2018	
Venue	Deloitte Hong Kong Office 6/F, Cityplaza 4, 12 Taikoo Wan Road, Taikoo Shing	
Admission Fee	Both Sessions:	One Session Option:
	ASHK Members: HK\$950	HK\$550
	Non-members: HK\$1,450	HK\$750
CPD	Actuaries may find the course a useful contribution to their CPD. A maximum of 2 CPD hours* per session can be claimed. The amount of hours recorded is left to the discretion of the individual. * 1 CPD hour = 60 minutes	
Group Size	Number of participants for this course is limited to 20 persons . This means that every participant gets focused and personal attention to deal with their specific needs.	

COURSE AGENDA

Session 1 (Wednesday, 13 June 2018)	
6:00 - 6:30 p.m.	Registration & refreshments
6:30 - 8:30 p.m.	Managing People: Differentiating between Coaching, Mentoring and managing performance <ul style="list-style-type: none"> • What is Coaching Vs Mentoring as an enabler? • A Mentoring model & core skills • Mentoring Skills practice using a video scenario (I)
8:30 - 9:00 p.m.	Networking with refreshments
Session 2 (Thursday, 21 June 2018)	
6:00 - 6:30 p.m.	Registration & refreshments
6:30 - 8:30 p.m.	How to set up and contract Coaching/Mentoring relationships <ul style="list-style-type: none"> • A demo: When does Mentoring no longer work & Coaching is necessary & more effective • Introduction to the GROW Coaching Model • Coaching skills in practice - using a video scenario (II)
8:30 - 9:00 p.m.	Networking with refreshments





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Seating is limited!
Register now!

ENROLLMENT FORM

Personal Particulars

Enroll for:

Both Sessions

Session 1 Only (13 June 2018)

Session 2 Only (21 June 2018)

Name of Member(s): _____

Member ID: _____

Name of Company: _____

Name of Non-Members: _____

Contact Person: _____

Telephone No.: _____

E-mail: _____

Registration (Deadline: 6 June 2018)

	Attending for Both Sessions:	Attending for One Session Only:
Members of ASHK:	HK\$950@ x _____ Person (s)	HK\$550@ x _____ Person (s)
Non-Members:	HK\$1,450@ x _____ Person (s)	HK\$750@ x _____ Person (s)

Notes

1. Payment must be settled by crossed cheque payable to "The Actuarial Society of Hong Kong" and sent to ASHK Office, 1803 Tower One, Lippo Centre, 89 Queensway, Hong Kong *on or before 6 June 2018*. Receipts will only be issued upon request.
2. Bookings are on a first-come-first-served basis. No reservations will be accepted after 6 June 2018. (*Seating capacity of 20, so please register early to avoid disappointment.*)
3. No refund will be given for cancellation received after 6 June 2018.
4. Full amount will still be charged for no show, but substitutions may be made. In case of substitution, please notify us prior to the event.

For seat reservation, please reply by 6 June 2018 by returning this enrollment form and sending a cheque to ASHK Office:

Tel: (852) 2147 9419 (Ms. Cherry Lee)

Fax: (852) 2147 2497

Email: cherrylee@actuaries.org.hk

Address: 1803 Tower One, Lippo Centre, 89 Queensway, Hong Kong



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